

**Bishop, Staff, Vestry**  
2025

**The Rt. Rev. Deon K. Johnson**  
*Eleventh Bishop of Missouri*

**The Rev. Cn. Tamsen E. Whistler**  
*Priest-in-Charge*

**The Rev. Dr. Martin Muhia**  
*Assisting Priest*

**The Rev. Elizabeth A. Bowen**  
*Deacon*

**John R. Hawn**  
*Minister of Music*

**Michelle M. Heitman**  
*Parish Secretary*

**Ashley Bunton**  
*Nursery Attendant*

**Vestry**

**Phil Jeffery** (2026)  
*Senior Warden*

**David Westfall** (2026)  
*Junior Warden*

**Jamie McCune** (2027)  
*Clerk*

**Jacob Taylor**  
*Treasurer*

**John Barnard** (2026)  
**Lucinda Dennis-Itoka** (2026)  
**Richard T. Middleton IV** (2026)

**Benisha Brudy** (2027)  
**Eleanor McCune** (2027)  
**Grace Nichols** (2027)

**Shawn Galbreath** (2028)  
**Melissa Galbreath** (2028)



**3rd Sunday in Lent**  
*The Penitential Order and*  
*The Holy Eucharist: Rite II*  
**March 23, 2025**  
**10:15 am**

**And He began telling this Parable**



**A** man had a fig tree which had been planted in his vineyard; and he came looking for fruit on it and did not find any.

**Luke 13:6**

**In-Person and Streaming from**

**TRINITY EPISCOPAL CHURCH**

**318 S. Duchesne Drive**

**St. Charles, Missouri 63301-1655**

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**Faith • Compassion • Community**

**The Episcopal Diocese of Missouri**

**1210 Locust Street, St. Louis, Missouri 63103**

**(314)-231-1220**

**Deep in Faith • Deep in Humanity**

**Diocesan Vision Statement:**

***A world transformed by God's love, justice, and peace.***



We are delighted that you have joined us today. We are delighted to see you in person! We are delighted to see you online! We invite you to participate fully in worship today. If you are here in person, please know that you are invited to receive the Holy Communion.



If you would prefer to receive a blessing, we invite you to do that, as well. If you have difficulty coming forward, we will take the bread, wine, and blessing to you. If you need a gluten-free wafer, please tell the priest as you come forward. (The gluten-free wafers are individually packaged and stored in a separate container from the other blessed wafers.) If you are online, please stay in the "meeting" after worship so that we can chat with you further. Please come to coffee hour in the Reception Area after worship to share refreshments and conversation. We would love to be able to contact you further. We invite you to fill out an information sheet on the table at the entrance to the church **or use the QR code above**. To learn more about Trinity Church, or to make an appointment with the Rector, please call the Church Office at 636-949-0160 and leave a message. Thank you so much for being here today! **We look forward to hearing your story and getting to know you better.** [trinityepiscopal318@yahoo.com](mailto:trinityepiscopal318@yahoo.com)

## SERVICE PARTICIPANTS TODAY

10:15 AM

Lector: Jacob Taylor

Lay Ministers: Lucinda Dennis-Itoka,  
Carolyn Hackman

Server/Crucifer: Patrice Itoka

Torch Bearers: Violet Eisele, Genieve Eisele  
Usher: Skip Bronlow

Organist: John R. Hawn, *Minister of Music*

Assisting Priest: The Rev. Dr. Martin P. Muhia

Celebrant and Preacher:

The Rev. Canon Tamsen E. Whistler, *Priest in Charge*

Live-Streaming Coordinator  
Shawn & Melisa Galbreath



Mar 23  
St. Pat's Day Celebration,  
PART 2!

Potato planting party in the  
Giving Garden, Noon—3 PM

Eat hot dogs, wear grubby  
clothes, plant potatoes in  
honor of St. Patrick!

Can you dig it! YES, you can!

## THE BISHOP IS COMING!

Next Sunday Mar 30

Bishop's Visitation  
Confirmation

ONE Service 9:30 AM

Worship, Reception, and  
Luncheon

Welcome our Bishop  
Honor Confirmands

Main Dish Provided by Trinity  
Sign Up to Bring  
Side Dishes, Salads, Desserts



## Episcopal Relief and Development Fund Continues

Episcopal Relief and Development Fund partners with locally lead organizations around the world and the US to advance lasting change, including disaster relief. The disaster relief fund helps people get the support they need including gas, groceries, and hot meals. The church is asking for your help to continue with their ministries. Envelopes will be in the bulletins in March.

## EASTER BAGS FOR TEENS IN DETENTION



For the sixth consecutive year, Trinity will provide Easter goody bags to Episcopal City Mission for young people in St. Louis detention centers.

We'll decorate, stuff and deliver 110 gift bags to provide a little hope and connection to these young neighbors. If you'd like to get involved, we could use the following donations:

- boxes of individual chip bags (hot & spicy are favorites)
  - Fun size easter candy (no nuts, gum or lollipops)
  - Individual decks of cards
  - Small composition books or journals (no spirals or wires)
  - Bible verse bookmarks or other inspirational cards
  - Monetary donations are welcome; indicate "Easter Bags" on your check to Trinity or contact Erin Shetler.
- Dates for decorating and stuffing bags will be forthcoming. Questions? Contact Erin at 636 237 5774.

## EASTER FLOWERS

Parishioners wishing to honor/remember loved ones may do so by sending an email

to [judith.hodge@sbcglobal.net](mailto:judith.hodge@sbcglobal.net)  
by Sunday, April 13.

Please indicate whether this is an honorarium or memorial. Donations for the flowers may be sent to the church office or however you pay. Please mark your donation **Easter Flowers** for accurate accounting. Flowers can be taken home after the 10:15 service.



THE DEFINITIVE GUIDE TO  
LENT-MADNESS

Saintly  
Scorecard

2025



We still have a limited number of these "Saintly Scorecard" booklets available in the office. Our Trinity FB page began following the progress of Lent Madness on Thursday, and you "won't know the players with out a scorecard"!

## Please Remember Our Red Wagon! April Wish List

Pancake Mix  
Misc. Boxed Potatoes  
(i.e. scalloped potatoes, au gratin potatoes)  
Hamburger and/or Tuna Helper  
Rice  
Dry Beans  
Boxed Instant Jello or Pudding Mix

Jelly  
Can Pears  
Adult Toothpaste  
Bar Soap





# The Third Sunday in Lent

## The Penitential Order and The Holy Eucharist: Rite II

March 23, 2025/10:15 A.M.

### Voluntary

### Processional Hymn 150 "Forty days and forty nights"

*Aus der Tiefe rufe ich*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

### Lenten Acclamation

*The people standing, the Celebrant says*

**Celebrant** Bless the Lord who forgives all our sins

**People** *His mercy endures for ever.*

BCP 351

### The Decalogue

**Celebrant:** Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not make for yourself any idol.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not invoke with malice the Name of the Lord your God.

**People** *Amen. Lord have mercy.*

**Celebrant:** Remember the Sabbath Day and keep it holy.

**People** *Amen. Lord have mercy.*

**Celebrant:** Honor your father and your mother.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not commit murder.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not commit adultery.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not steal.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not be a false witness.

**People** *Amen. Lord have mercy.*

**Celebrant:** You shall not covet anything that belongs to your neighbor.

**People** *Amen. Lord have mercy.*

BCP 350

The Confession and Absolution

The Deacon or Celebrant then says, Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, **and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Hymn S-96 Kyrie eleison (Lord Have Mercy)

Schubert/Proulx

The musical score is written for two voices, Soprano and Bass, in a key of D major (two sharps) and 4/4 time. It consists of four systems of staves. Each system has a Soprano staff on top and a Bass staff on the bottom. The lyrics are written below the notes. The first system has two lines of lyrics: 'Lord, have mer - cy. Lord, have mer - cy.' and 'Lord, have mer - cy. Lord, have mer - cy.' The second system has two lines: 'Christ, have mer - cy. Christ, have mer - cy. Lord,' and 'Christ, have mer - cy. Christ, have mer - cy.' The third system has two lines: 'Lord, have mer - cy. Lord, have mer - cy. Lord,' and 'Lord, have mer - cy. Lord, have mer - cy.' The fourth system has two lines: 'Lord, have mer - cy, have mer - cy.' and 'Lord, have mer - cy, have mer - cy.' The score ends with a double bar line.

Lord, have mer - cy. Lord, have mer - cy.  
Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,  
Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord,  
Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.  
Lord, have mer - cy, have mer - cy.

# The Word of God

## Salutation and Collect of the Day: *Third Sunday in Lent*

BCP 218

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## First Lesson: Exodus 3:1-15

*Reader* A Reading from Hebrew Scripture.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

*Reader* Hear what the Holy Spirit is saying to God's people  
*People* **Thanks be to God**

## PSALM 63:1-8 *Deus, deus meus*

BCP 670

- 1 *O God, you are my God; eagerly I seek you; \*  
my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.*
- 2 *Therefore I have gazed upon you in your holy place, \*  
that I might behold your power and your glory.*
- 3 *For your loving-kindness is better than life itself; \*  
my lips shall give you praise.*
- 4 *So will I bless you as long as I live \*  
and lift up my hands in your Name.*
- 5 *My soul is content, as with marrow and fatness, \*  
and my mouth praises you with joyful lips,*
- 6 *When I remember you upon my bed, \*  
and meditate on you in the night watches.*
- 7 *For you have been my helper, \*  
and under the shadow of your wings I will rejoice.*
- 8 *My soul clings to you; \*  
your right hand holds me fast.*

**The Second Reading:** 1 Corinthians 10:1-13

*Reader* A Reading from the New Testament

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Reader* Hear what the Holy Spirit is saying to God’s people      *People* **Thanks be to God**

**Hymn LEV 147**      “Come ye disconsolate, where'er ye languish”      Samuel Webbe

1. Come, ye dis - con - so - late, wher - e'er ye lan - guish,  
2. Joy of the des - o - late, light of the stray - ing,  
3. Here see the bread of life; see wa - ters flow - ing

1. Come to the mer - cy seat, fer - vent - ly kneel:  
2. Hope of the pen - i - tent, fade - less and pure!  
3. Forth from the throne of God, pure from a - bove:

1. Here bring your wound - ed hearts, here tell your an - guish;  
2. Here speaks the com - fort - er, ten - der - ly say - ing,  
3. Come to the feast of love; come, ev - er know - ing

1. Earth has no sor - row that heav'n can - not heal.  
2. "Earth has no sor - row that heav'n can - not cure."  
3. Earth has no sor - row but heav'n can re - move.

## THE GOSPEL: Luke 13:1-9

*Deacon* The Holy Gospel of our Lord Jesus Christ, according to Luke.

*People* ***Glory to you, Lord Christ.***

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

*Deacon* The Gospel of the Lord.

*People* ***Praise to you, Lord Christ.***

## The Sermon

The Rev. Canon Tamsen E. Whistler

## The Nicene Creed

BCP 358

***We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.***

***We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen***

## The Peace

BCP 360

*Celebrant* The peace of the Lord be always with you.

*People:* ***And also with you.***

*Then the Ministers and People may greet one another in the name of the Lord.*

## Welcome, Announcements, and Blessings

# The Holy Communion

## The Offertory

**Offertory Sentence:** Offer to God the sacrifice of thanksgiving; make good your vows to the Most High.

**Anthem:** "God So Loved The World"

John Stainer

**Presentation of Gifts**

*Celebrant*

All things come of thee, O Lord.

*People*

***And of thine own have we given thee.***

## The Great Thanksgiving: Eucharistic Prayer A

BCP 361

*Celebrant* The Lord be with you.

*People* ***And also with you***

*Celebrant* Lift up your hearts.

*People* ***We lift them to the Lord.***

*Celebrant* Let us give thanks to the Lord our God.

*People* ***It is right to give our thanks and praise.***

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ, our Savior, who was tempted in every way as we are, yet did not sin. By his grace, we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Hymn S-130 *Sanctus* "Holy, holy, holy Lord" (See Next Page)

Schubert / Proulx

*The people kneel or stand. Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

*The Celebrant continues*

Therefore we proclaim the mystery of faith:

*Celebrant and People*

***Christ has died.***

***Christ is risen.***

***Christ will come again.***

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**



Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

## The Lord's Prayer

BCP 364

*Celebrant* And now, as our Savior Christ hath taught us, we are bold to say,  
***Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

## The Breaking of the Bread

BCP 364

*The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said*

*Celebrant* Christ our Passover is sacrificed for us;

*People* ***Therefore let us keep the feast.***

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for thee, and feed on him in thy hearts by faith, with thanksgiving.

## Hymn S-164 "Jesus, Lamb of God"

Schubert/Proulx

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

## Communion of the People

### Instructions for Receiving the Holy Communion

*Please come forward up the center aisle, forming a single line, blending from the rows on either side. Please put out your cupped palms to receive the host. If you wish to receive the wine from the communion cup, please go to the Eucharistic minister to the left of the priest. Put out your hand to guide base of the cup and sip. Then continue down a side aisle to your seat for prayer. If you prefer to intinct (dip) the host in the small cup, please go to the right and carefully dip the host in to the cup the Eucharistic Minister is holding. If you prefer not to receive the wine, simply go down the side aisle nearest your seat. If you wish to receive a blessing instead of the bread or the wine, please cross your arms over your chest as you approach the priest.*

# Communion Hymn 332 O God, unseen yet ever near

St. Flavian



1 O God, un - seen yet ev - er near, thy pres - ence may we feel;  
 2 Here may thy faith - ful peo - ple know the bless - ings of thy love,  
 3 We come, o - be - dient to thy word, to feast on heav - en - ly food:  
 4 Thus may we all thy word o - bey, for we, O God, are thine;

and thus in - spired with ho - ly fear, be - fore thine al - tar kneel.  
 the streams that through the des - ert flow, the man - na from a - bove.  
 our meat the Bo - dy of the Lord, our drink his pre - cious Blood.  
 and go re - joic - ing on our way, re - newed with strength di - vine.

# Communion Hymn 685 Rock of Ages, Cleft for me

Toplady



1 Rock of a - ges, cleft for me, let me hide my - self in thee;  
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
 3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,  
 all for sin could not a - tone: thou must save, and thou a - lone;  
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.  
 in my hand no price I bring, sim - ply to thy cross I cling.  
 Rock of a - ges, cleft for me, let me hide my - self in thee.

## Thanksgiving after Communion

BCP 366

After Communion, the Celebrant says, Let us pray.

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## Thanksgiving for Receiving Spiritual Communion

The Celebrant says, With those who are watching this service online, Let us pray

**In union, O Christ, with those who have received the Body and Blood of Christ, we offer you our praise and thanksgiving. We present to you our souls and bodies with the desire always to be united to you. And since we cannot now receive you sacramentally, we thank you that you have come spiritually into our hearts. We unite ourselves with you and embrace you with all the love of our souls. Let nothing ever separate you from us. May we live in you, and may you live in us, both in this life and in the life to come. Amen.**

**Solemn Prayer over the People, Lent 3** Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Jesus Christ our Lord. **Amen**

**Communion Hymn 648** When Israel was in Egypt's land

Go Down Moses

The image displays the musical score for Communion Hymn 648, 'Go Down Moses'. It is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. The key signature is B-flat major (two flats), and the time signature is common time (C). The score is divided into four systems. The first system contains the first four lines of the hymn. The second system contains the next four lines. The third system is the refrain, starting with 'Go down, Mo-ses, way down in E-gypt's land;'. The fourth system contains the final line: 'tell old Pha-raoh to let my peo-ple go.' The piano accompaniment is written in the bass clef, providing a harmonic foundation for the vocal parts.

1 When Is - rael was in E - gypt's land, let my peo-ple go;  
2 The Lord told Mo - ses what to do, let my peo-ple go;  
3 They jour-neyed on at his com - mand, let my peo-ple go;  
4 Oh, let us all from bond - age flee, let my peo-ple go;

op - pressed so hard they — could not stand, let my peo-ple go.  
to lead the chil - dren of Is - rael through, let my peo-ple go.  
and came at length to — Ca - naan's land, let my peo-ple go.  
and let us all in — Christ be free, let my peo-ple go.

*Refrain*  
Go down, Mo - ses, way down in E - gypt's land;

tell old Pha - raoh to let my peo-ple go.

## The Dismissal (Sending Forth)

Deacon Let us bless the Lord.

People **Thanks be to God.**

BCP 366

### Music Permission

*Music is reprinted in this bulletin and streamed online under OneLicesnse.net #A-730970*

### THIS WEEK'S EVENTS (and THE FOLLOWING SUNDAY)

**Note:** Trinity Church Events in **Bold**. Sharing our building is both outreach and stewardship

<b>8 AM</b>	<b>Sun</b>	<b>Mar 23 Third Sunday in Lent, HE I</b> (In-person)
<b>10:15 AM</b>	<b>Sun</b>	<b>Mar 23 Third Sunday in Lent, HE II</b> (In person and online)
<b>Noon</b>	<b>Sun</b>	<b>Mar 23 Potato Planting Party</b>
10 AM	Mon	Mar 24 AA Group #496 (St. Hilda Room)
7 PM	Mon	Mar 24 Boy Scout Troop #763 St. Hilda, Parish Hall, Reception Area
7 PM	Tue	Mar 25 NA (Narcotics Anonymous) (St. Hilda Room)
<b>10 AM</b>	<b>Wed</b>	<b>Mar 26 Bible Study</b>
10 AM	Wed	Mar 26 AA ( <i>This Is the Solution</i> ) (Parish Hall)
5:30 PM	Wed	Mar 26 CMA (Crystal Meth Anonymous) (Parish Hall)
<b>6:00 PM</b>	<b>Wed</b>	<b>Mar 26 Choir Practice</b>
7:30 PM	Wed	Mar 26 CODA (Co-Dependents Anon Women) (Library/Parish Hall)
<b>6:30 PM</b>	<b>Thu</b>	<b>Mar 27 Bell Choir Practice (Church)</b>
7 PM	Thu	Mar 27 Al-Anon (Parish Hall)
10:30AM	Fri	Mar 28 AA Group #228 (St. Hilda Room)
6 PM	Fri	Mar 28 AA Group #1118 (Parish Hall)
<b>8:30 AM</b>	<b>Sun</b>	<b>Confirmands Meet with Bishop Deon</b>
<b>9:30 AM</b>	<b>Sun</b>	<b>Holy Confirmation and Holy Eucharist: Rite</b>
<b>11:00 AM</b>	<b>Sun</b>	<b>Luncheon Reception for Bishop and Confirmands, Q&amp;A with Bishop Deon</b>



## Intercessions, Petitions, and Thanksgivings

We pray for **Sean**, our Presiding Bishop, and **Deon**, our Bishop; For **Tamsen**, Betty, and Martin, our clergy; for **John, Michelle**, and **Ashley**, our staff; for **Phil, David, Jacob, John, Lucinda, Richard, Benisha, Eleanor, James, Grace, Shawn, and Melissa**, our Vestry; for **Harlan, Rich, Avril, Benisha, Patricia, Lucinda, Shawn**, and **Melissa**, for technology on Sundays and weekdays; and for those who sing, read and pray, in person and from home. In our Diocese of Missouri, we pray for the people and ministry of Christ Episcopal Church (1876) in Cape Girardeau and for Ryan, their Priest-in-Charge. In our companion Diocese of Puerto Rico, we pray for St. Joseph of Arimathea (Misión San José de Arimatea) in Añasco. In the Anglican Communion, we pray for Iglesia Anglicana de la Region Central de America.

### *For those in particular need of prayer, especially*

**Bud** Adkins; **Jerry** Ahle; **Connie** Akers; **Deborah** Alessi; **Andy** Allen; **Jaimie** Allen; **Alyssa**; **Anne, Becky, Jerry** Barnard; John Barnard; **Valerie** Barr; **Denny** Bay; **Terry** Bell; **Oli** Benet; **Jackie** Berger; **Rich** Berger; **Breana**; **Kent** Brown; **Stephanie** Brown; **Travis** Brown, **Ralph** Bruns & Family; **Jim** Burke; **Rita** Burnde; **Deanna** Campbell; **Anne** Chau; The Rev. **Barbi** Click; **Joe** Connor; **Cather**; **Nancy & Lorraine** Cummings; **Marc** Daigle; **Nancy** Dale; **Noreen** Davis; **Jess** Dixon; **Josh**; **Emily** Drury; **Patty** Eggers; **Bob** Fagan; **Alison** Fambrough; **Nancy** Feeney; **Emery** Fisher; **Sharon** Fisher; **Trisha** Fitzpatrick; **Julie** Fuchs; **Paige** Fuchs; **Donna** Furrer; **Kelsey & Derek** Funk; **Jack** and the **Gibbs Family**; **Sheryl** Gibbs; **Sue** Granger; **Susan** Goddard; **Abigail** Gogel; **Suzy** Gold; **Jason** Graff; **Paul** Graue; **Carolyn** Hackman; **Connie** Hall; **Jackie** Halter; **Karen** Hamby; **Kate** Hayes; **Larry** Hewitt; **Bob** Honeychurch and **Sylvia** Sweeney; **Sherri** Hugunin; **Paula** Jeffery; **Janis**; **Tyler** Johnson; **Cornelia & Jim** Kriegh; **Karen** Kupka; **Del** Kuzemchak; **Kalisa** Krouper; **Chloe** Lane; **Val and the Lanning Family**; **Pat** Leitsch; the **Leyden family**; **April** Lindbergh; **Tim** Lindley; **Doris** Lohe; **Margaret** Lynch; **Mary Jo, Marissa, Lee** Martin; **Brenna** Mason; **Zoe** Matthews; **Barbara** McKeel; **Gale** McKiddy; **Kenneth** Mettlach; **Bob** Miller; **Neil**; **Jake** Neu; **Laura** Neuman-Howe; **John** Nichols; **Leslie** Niebreugge; **Jane** Overstreet; **Ernie** Parente; **Hannah, Clay, Cyrus and Ezra** Parks; **Mary** Parrella; **Robin** Perkins; **Barbara** Perkins, **Rosemary and Hurley** Perkins; **Phyllis, Fran** Pieper; **Cindy** Pricker; **Ellen** Ramirez; **Christy** Henke Ratliff; **Ray & Adele**; **Allie** Redmond; **Warlene** Reed; **Robert**; the Right Rev. **Hayes** Rockwell; the **Rutsch Family**, **Lisa** Schildknecht; **Louis** Seiler; **Judy** Shannon; **Kurt and Dave** Sheets; **Tom** Shine; **Mary** Shive; **Kathy** Smith; **Carol** Steinhauer; **Ann** T; **Tisha** Thornton; **David** Turk; **Melinda** Turner; **Linda** Tyranski; **Mary** Vogel; **Cindy** W; **Codi** Walker; **Mary** Walsh; **Joe** Welton; **David and the Westfall Family**; **Mary** Willard; **Charlotte** Williams; **Pat** Willmering.

### *For members of our congregation who cannot worship with us regularly, especially*

**Karen** Basanavicius, **Pat** Gutgesell, **Leslie** McDonald, **Pat** Neal, **Grace** Nichols; **Carol** Nicholson, **Charlotte** Williams, **Pat** Willmering

### *For those in the armed services, especially*

**Travis** Allen, **Brian** Barnard, **Zachary P.** Behlmann, **Richard** Broseman, **Corey** Burleigh, **Scott** Burleigh, **Skylar** Freeman, **Justin** Killian, **Joshua** LeDuc, **Corey** Ring, **Zachary** Taylor, **James** Warren, **Joseph** Warren, **Christopher** Westfall, **Dustin** Wilhelm, **Gary** Woods

### *For all first responders, especially*

**Emily** Briggs, **Jason** Graff, **Aaron** Morgan, **Robert** Westfall

### *For all health care providers, especially*

**Deanna** Bowen, RN; **Jim** Crawford, Hospice Chaplain; **Megan** Culligan, DNP; **Mary Ann** Curran, CRNA; **Emily** (Crain) Green, RN; **Christy** Henke Ratliff, Hospice Chaplain; **Shahla** Kuypers, RN; **Becky** (Lackey) Logel, RN; **Julie** (Smith) McKenney, RN; **Clay** McKiddy, DNP; **Jessica** Middleton, RN; **Nancy** Noel, MD; **Elizabeth** Stansbrough (Liz Meyer), DDS; **Cindy** (Lackey) Waaso, RN; **Ekene** Onoforo, RN, PhD; **Christine** Ogawa, BSN; **Julius** Mensah, BSN

### *For anyone facing particular hardship, especially*

We pray for peace and hope in Palestine and Israel, and an end to the destruction and death in Gaza, Sudan, Ukraine, Russia, and Lebanon. We pray for all people and communities devastated by hurricanes, floods, volcanoes, wildfires, or other natural disasters, especially for those who have lost homes, businesses, schools, houses of worship, and lives; and the those who face danger and loss from ice and snow and lack of heat or shelter. We pray for those who have no home. We pray for all victims of gun violence, for all victims of addiction, epidemic, injustice, hunger, injury, or abuse. We pray for all those who have contemplated, attempted, or died by suicide, and for all those who love and have loved them; for those who struggle with economic and political realities; and for all those whose needs are known to God alone.

### *For those who have died, especially*

**Naomi Kealoha Niihau Ballesteros, 79**, relative of Judy Hodge, March 19, in Kapolei, Hawaii.

### *Thanksgivings*

We give thanks for the Season of Lent, for Jesus Christ, and the opportunity he gives us to share in his difficult journey to Jerusalem, knowing what's to come, and for his deep trust in God. We give thanks for God's presence in all the pain and violence of the world, and we pray for peace, hope, joy, and love to all who suffer for any reason. We give thanks for the gift of technology, providing ways to gather without being in the same physical space—to be together, together, and together apart. We give continual thanks for all those who have made a difference in our lives, both in the past and today. We give thanks for the people of Trinity Church; for the gifts they bring to the work God calls us to do in Faith, Compassion, and Community, wherever we are and wherever we go.